

Albert Clayton Gauden

Short Bio

Sports figures, actors, royalty, Wall Street executives and people from all walks of life seek the guidance of Albert Clayton Gauden. World-renowned astro-intuitive, author, transpersonal psychologist and founding director of the Sedona Intensive, Gauden has quickly emerged as the face of mainstream self-help and spirituality.

Best-known for his no-nonsense style and direct approach, Gauden helps people crack-open the self-beliefs that constrain them. In his new book, *You're Not Who You Think You Are*, to be published by Simon and Schuster in 2008, Gauden takes a fearless approach at helping people uncover their authentic selves.

Gauden leaves people with no choice but to un-hook from the defective, mediocre lives they're living. His message is loud and clear, "Wake up from your hypnotic state; Snap out of your half-asleep, half-committed life and become passionately alive!"

Also the author of *Clearing for the Millennium and Signs and Wonders—Understanding the Language of God*, Gauden founded the Sedona Intensive, a personal growth and empowerment program to help clients retrieve their authentic selves and tap into their inner power. With thousands of clients worldwide, this signature program creates real transformation in people's lives – allowing them to breakthrough chronic patterns that no longer serve them.

Gauden speaks worldwide on themes such as "*Mr. Right is Usually Mr. Wrong—Falling in Love With Make-Believe*", "*Take Your Power Back*", "*The Power of a Great Idea*", "*The Death of Terror and the Rebirth of Bliss*", "*Why Relationships Don't Work but How They Can*" and other topics.

For more information, visit www.sedonaintensive.com, call 800-647-0732 or email: info@sedonaintensive.com.