

# Our Services

**The Sedona Intensive™** is a world-renowned personal transformation program that has helped thousands of people breakthrough the chronic patterns that no longer serve them. Participants learn to understand and release the past and begin to recognize and reconnect with the truth of who they really are: **the authentic self**. Become your authentic self through resolution and recovery in the following areas:

- Addiction Recovery
- Life Purpose
- Relationship Resolution
- Compulsion Clean-up
- Grief Counseling
- Family Counseling
- Alcohol/Drug Counseling
- Life Transition
- Financial Responsibility
- Anger Management
- Codependency Clarity
- Marriage & Divorce Counseling

**Five Day Sedona Intensive™ ..... \$8,000**

Albert Gaulden, transpersonal psychologist, uses Jungian therapy in this one-on-one five-day personal empowerment program. Along with highly skilled licensed therapists who specialize in alternative and holistic healing, Albert will guide you through a process that will help you break the stronghold of addictions, compulsive behavior, and egocentric patterns. The fee includes all materials, therapies and 6 weeks of AfterCare.

**INTENSIVE TUNE-UPS**

Restore, reflect and reconnect with your inner self. These renewal courses will help you achieve strength, inner peace and balance. They will reinforce your ability to transcend obstacles in your life by seeing them as opportunities for personal core growth. We have structured a wide range of services in price points to let you choose whatever fits your own personal needs as well as financial capabilities.

- Half Day Intensive ..... \$750**
- Two Day Intensive Tune-Up ..... \$2,900**
- Three Day Intensive Tune-Up ..... \$4,200**

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Breakthrough to the Authentic You  
Imagine Living Authentically

## JUNGIAN THERAPY CONSULTATIONS

Are you at a point in your life where you have more questions than answers? Do you need direction or insights into your personal or professional life? Transpersonal psychologist and founding director, Albert Gaulden, uses his more than 45 years of counseling experience to help you confront the issues that have held you back from living your best life. Akin to Dr. Carl Jung, renowned Swiss psychoanalyst, Gaulden, in his direct and proactive manner brings to the forefront destructive, unconscious behaviors that have not served you. Consultations remain confidential.

**30 Minute Consultations** ..... \$150  
**60 Minute Consultations** ..... \$300  
**Half Day Consultation** ..... \$750

**Extended Sessions- 4 x 60 min. consults/ month** ..... \$975

These consultations strategize the best times to plan business meetings, conferences, travel, and when to begin and close important transactions.

**Stay-at-Home Sedona Intensive™** ..... \$4,500

There are people who cannot come to Sedona due to work restrictions or other obligations or who feel that they are unable to meet the financial criterion of the resident five-day Sedona Intensive™. Thus the Stay-at-Home Sedona Intensive™ process was created to allow you to work one-on-one by telephone with Albert Gaulden.

## What clients are saying...

*"By clearing away what was getting in the way and learning new methods of staying on track, my marriage has been saved and likely my life as well."* —Dr. Jay, Physician, Marin County, CA

*"I feel as if I have answers to many of the questions and feelings of confusion I have experienced related to childhood as well as in my current life situation."*

—Pamela, Drug and Alcohol Therapist, NY

*"It is impossible to put a value on such a quality of life enhancing experience that the Sedona Intensive provides the person willing to do the work. It is by far the most significant thing I have done in my 62 years."* —Gary, Small Business Owner, Ontario, Canada

*"Everything was heavy and grey; it was like looking through a dense fog with no feelings. Now I have awakened and I can see!"*

—Allyson, Vice President of a trucking company, Columbus, Ohio

REFERENCES UPON REQUEST

**FOR MORE INFORMATION:**

**visit:** [www.SedonaIntensive.com](http://www.SedonaIntensive.com)

**call:** (928) 282-4723

**e-mail:** [info@SedonaIntensive.com](mailto:info@SedonaIntensive.com)